

December 2011 Urbana Senior Center Meal Menu

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www.FrederickCountyMD.gov/doa

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>The meal is served at Noon. Reservations must be made at least 48 hours in advance. \$4.80 per person per meal. Milk, juice, coffee, and tea, and bread are available each day. Menus are subject to change.</p>				
Nov. 28 Tomato Cucumber Salad BBQ Chicken on Roll Five Cheese Macaroni Roasted Zucchini Mandarin Oranges	Nov. 29 Turkey Chili Cornbread Peas Carrots Applesauce	Nov. 30 Cabbage & Bean Soup Corn & Barley Salad Beef Brisket with Gravy Mashed Potatoes Winter Vegetables Diced Fresh Fruit	1 Spinach Salad Hawaiian Glazed Ham Roasted Sweet Potatoes Green Beans Applesauce	2 Center is Closed
5 Mixed Greens Ham Steak with Pineapple Macaroni and Cheese Stewed Tomatoes Diced Fresh Fruit	6 House Salad Stuffed Shells California Vegetable Blend Sliced Peaches	7 Center is Closed Toby's Dinner Theatre Trip	8 Split Pea Soup Lettuce Wedge Roast Brisket with Gravy Mashed Potatoes Hot Cinnamon Pears	9 Center is Closed
12 Mixed Greens Grilled Chicken Marinara Pasta Ratatouille Ambrosia	13 Lettuce Wedge Chili Spinach Pears	14 Spinach Salad Pot Roast with Gravy Mashed Potatoes Peas Apple Crisp	15 Peach with Cottage Cheese Chicken Pasta Casserole Cal Vegetable Blend Blueberries	16 Center is Closed
19 Marinated Cucumber Salad BBQ Pork on roll Southern Green Beans Diced Fresh Fruit	20 Tossed Salad Spaghetti with Meat Sauce Garlic Bread Yellow Squash Pear Halves	21 Brunch: Omelet Bar Omelets made to order Other Brunch Items	22 Caesar Salad Pizza Lima Beans Sliced Pears	23 Center is Closed
26 Center is closed Enjoy the holiday!	27 Carrot Raisin Salad Salmon Cake Green Beans Baked Sweet Potatoes Applesauce	28 Winter Salad Herb Fried Chicken Succotash Parsley Potatoes Apple/Cranberry Crisp	29 Tossed Salad Hotdog on bun Baked Beans Diced Fresh Fruit	30 Center is Closed